

TIME OF OUR LIVES  
VEGA 4 FEATURING PAUL VAN DYK

There's a time for us to let go,  
there's a time for holding on,  
a time to speak, a time to listen,  
there's a time for us to grow

There's a time for laying low-down,  
there's a time for getting high,  
a time for peace, a time for fighting,  
a time to live, a time to die

A time to scream, a time for silence,  
a time for truth, against the lies,  
a time for faith, a time for science,  
there's a time for us to shine

There is a time for explaining,  
there's a time to understand,  
a time for hurt, a time for healing,  
time to run, to make a stand

Oh, this is the time of our lives (x6)



1. Listen to the song or watch the video without looking at the lyrics and try to explain the name of it. What do you think the song is about?



2. Circle the correct options. In the context of the song, the word "time" refers to:

- a) **minute or hour:** the minute, hour, or similar measurement as indicated by a clock.
- b) **moment something occurs:** a moment or period at which something takes place.
- c) **suitable moment:** a moment or period chosen as appropriate for something to be done or to take place.
- d) **system of distinguishing events:** a dimension that enables two identical events occurring at the same point in space to be distinguished, measured by the interval between the events. *Symbol t*
- e) **period with limits:** a limited period during which an action, process, or condition exists or takes place.
- f) **military service:** a term of military service.

3. Mark the right option:

- a) We use "there is"  with countable nouns   
with singular nouns   
to speak about nationalities

- b) We use "there are"   
with the verb have got   
to describe friends   
with plural nouns

4. Which has been the best moment in your life? Why?



The "time of my life" ...



## ANSWER KEY

1. Listen or watch the video without looking at the lyrics of the song and try to explain the name of it. What's the song about?

To “**have the time of your life**” means to have a very enjoyable experience. Although the song text may refer to bad experiences such as death, the lyrics want to remark that we have the opportunities of turning our lives into a pleasant existence.

### SONG INFORMATION:

TITLE: TIME OF OUR LIVES

ARTISTS: VEGA 4 FEATURING PAUL VAN DYK

LENGTH: (RADIO EDIT VIDEO 3:48) / (FULL SONG: 4.23)

ALBUM: REFLECTIONS

RELEASED: 2003

COMPANY: EMI RECORDS

### OFFICIAL VIDEO “TIME OF OUR LIVES (RADIO EDIT)”

( VIDEO 3:48) (PAUL VAN DYK FT VEGA 4)

Video: <http://www.youtube.com/watch?v=zKXCblFrf4M&list=PL1ED47217840FF496&index=16>

### LYRICS OF THE SONG “TIME OF OUR LIVES ” (PAUL VAN DYK FT VEGA 4) (4:23)

Full song: [http://mp3skull.com/mp3/time\\_of\\_our\\_lives\\_dyk.html](http://mp3skull.com/mp3/time_of_our_lives_dyk.html) (or other website you like)

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2. Circle the correct options. In the context of the song, the word “time” refers to:

- a) moment something occurs: a moment or period at which something takes place.
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- c) period with limits: a limited period during which an action, process, or condition exists or takes place.

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3. with singular nouns i.e. There is a bed in the bedroom, with plural nouns i.e. There are two chairs in the kitchen

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4. Example: The “time of my life” is / was / has been / could have been / will be... when / the day...

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Note: we can also work with the rhymes of the song that are very catchy or phonetics.